

Children accessing treatment for eating disorders is up by almost two thirds since before the pandemic.

10,000 children between April and December 2021 accessing treatment

Presentations
in school

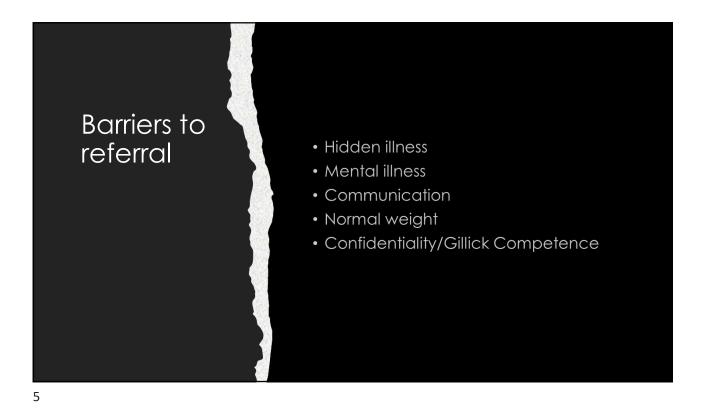
Restricted diets
Unusual restrictions
Negative self image
Coping strategy
Change in mood/friendships
Weight/body size
Sports
Lunch time behaviours

Referral and Treatmen † Process

• GP
• Monitoring
• Parents
• Supervised eating
• Academic performance
• Sports
• Safety planning
• Care planning
• SAPHNA toolkit

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