



The Association  
for Child and Adolescent  
Mental Health

# Conference - Risk of serious harm, to self and others



## Risk of serious harm, to self and others

Highpoint Bursledon Rd, Thornhill, Southampton SO19 8BR

Wednesday 3 July / 0930 - 1630

### **Risk of serious harm, to self and others, is important topic to discuss**

When should we be concerned, and what can we do?

The day will provide a balanced mixture of presentations by speakers and skills-based learning opportunities through workshops. It also provides an excellent opportunity for the delegates to network and share their experience and expertise with peers.

### **Key takeaways**

- Recognising risks of harm towards self and towards others
- Recognising when a risk becomes significant
- How to manage these risks

[www.acamh.org](http://www.acamh.org)

# Who should attend

This event should be of interest to those who work with children and young people, in particular;

- Mental Health professionals
- Health professionals
- Commissioners of health and education services
- Social Care workers and leaders
- Teachers and Support Staff
- Youth-based service workers and leaders

## About the day

With the rise in prevalence of mental health difficulties in children and young people, there is an increasing need to recognise the range and degree of risks presented by young people. This workshop will provide an excellent opportunity for the delegates to update their understanding and skills in assessment and management of risks in children and young people.

Amongst the discussions will be; Mood Disorders, the impact of media on the mental health of young people, and eating disorders.

## Prices

Amongst our aims is the dissemination of information to bridge the gap between rigorous research and best practice in relation to child and adolescent mental health. One of the ways in which we do this is through our events, and we try to make these as accessible and affordable as is reasonably possible. The events we organise are not profit-making, many are subsidised through our other commercial activities, without which they would not be able to run. As a charity, any surplus that we make is invested back into the business to benefit our Members and the sector. Members get a discounted rate and we hope you consider joining.

### **Digital & Publications Members:**

Early bird (ends 17/05/19) **£39**

Non early bird **£52.50**

### **Platinum Members:**

Early bird (ends 17/05/19) **£69**

Non early bird **£110**

### **Gold Members:**

Early bird (ends 17/05/19) **£79**

Non early bird **£126**

### **Silver & Bronze Members:**

Early bird (ends 17/05/19) **£89**

Non early bird **£142**

### **Non-Members**

Early bird (ends 17/05/19) **£109**

Non early bird **£158**

# About the speakers

## Dr Jonathan Bigg

Jonathan is a Child & Adolescent Psychiatrist whose main focus of work, for 20 years has related to assessment, management and intervention in cases where significant risks of serious harm to other people has been a major issue. He is a member of the Wessex Forensic CAMHS team, which serves the Hampshire & Isle of Wight Region. He also lends regular support to both the Dorset and the South-West-South (serving all of Somerset, Devon and Cornwall) sister-service FCAMHS teams. These are some of the new NHS-England services, commissioned collectively to cover the geography of England.

Dr Bigg also works within a CAMHS team in South-East Hampshire and is Named Doctor for Safeguarding Children for the Hampshire CAMH Service. He has a particular interest in Complex Trauma and like many of his peers is gathering great experience and some expertise in the many facets of autism on a daily basis!

## Dr Julie Waine

Julie is a Consultant Child and Adolescent Psychiatrist

## Dr Suyog Dhakras

Suyog is a Consultant Child and Adolescent Psychiatrist, Southampton CAMHS. He is also the Director of medical education: Solent NHS trust. He provides clinical input to the Hampshire and Isle of Wight Forensic CAMHS as well as to the Southampton Behaviour Resource Centre which is a multi-agency specialist service for children, young people and their families who have complex emotional, mental and behavioural difficulties.

## Programme

09:00 - 09:30	Registration
09:30 - 09:45	Welcome by the Chair of the Southern Branch
09:45 - 11:00	Assessment and management of risks towards self - Dr Suyog Dhakras and Dr Julie Waine
11:00 - 11:15	Break
11:15 - 12:00	Morning session continues
12:00 - 13:00	Lunch
13:00 - 14:00	Working with significant risks of serious harm to others in community settings - Dr Jonathan Bigg
14:00 - 14:15	Break
14:15 - 15:30	Afternoon session continues
15:30 - 15:15	Questions and end of session



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TO BOOK YOUR PLACE, PLEASE COMPLETE AND RETURN THIS FORM TO:

REF: 857

ACAMH Conferences  
St Saviour's House  
39-41 Union Street  
London SE1 1SD, UK

T +44 (0)20 7403 7458  
F +44 (0)20 7403 7081  
events@acamh.org

Fees include conference materials, lunch and refreshments. Please note that ACAMH may record at this event.

To read more about this and future events visit [www.acamh.org/events](http://www.acamh.org/events)

## Booking form

### PERSON ATTENDING

Title
Job title
Name
Dietary requirements
Organisation

### PERSON MAKING THE BOOKING (IF DIFFERENT FROM PERSON ATTENDING)

Title
Job title
Name
Organisation
Contact Number

### CONTACT DETAILS OF PERSON ATTENDING

Address type	WORK	HOME
Address		
		Postcode
Email		Telephone

### PAYMENT

PLATINUM MEMBER £110	GOLD MEMBER £126	SILVER/BRONZE MEMBER £142	PUBS/DIGI MEMBER £52.50
			NON-MEMBER £158
Cheque I enclose a cheque made payable to ACAMH	Invoice payment Invoice can only be issued on receipt of an official purchase order, clearly indicating purchase order number and paying body. Invoice requests without relevant documentation will be returned.		
Card Payment	VISA	MASTERCARD	EUROCARD MAESTRO ELECTRON AMEX
<b>If you prefer, for security purposes, not to fill in your card details, and post or email, then we can contact you by phone for these.</b>			
Name on card		Card number	
Expiry date	Issue No (if Maestro)	CCV (last three digits on back of card or four on front for AMEX)	
Billing address			
Cardholder's signature		Date	

**Closing date:** 1 July 2019

Confirmation will be emailed to all delegates, if you have not received confirmation at least one week before the event please contact the office on 020 7403 7458. Please do not turn up on the day without having received confirmation by email.

**Cancellation policy:** cancellations received 6 weeks in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund.

**Data Protection:** By signing this application you are entering into a contract with ACAMH to attend the above event. ACAMH will use the information provided to communicate details with you about the event. As part of the contract the email address provided will be added to our weekly newsletter, with details about CYP mental health topics, you can unsubscribe from this at any time.